VOLUME 18 • INDEX • WINTER, 2002 - FALL, 2002

Authors

Arnhold, RW (with Auxter, DA): **Legislative Update** (Selected legislative action items for physical education and recreation advocates), Winter, p 6
Legislative Update (Advocacy and the federal budget process), Spring, p 7
Legislative Update (Advocacy action alert), Summer, p 5
Legislative Update (Individuals with Disabilities Education Act [IDEA] reauthorization process and related issues), Fall, p 6

Aufsesser, P: **Research Application** (Teaching children with autism using digital video), Winter, p 52
Research Application (Thermoregulation in burn patients before and after heat acclimation—A case study), Summer, p 7
Research Application (Balance ability and fear of falling in elderly with various exercise participation levels), Fall, p 5

Barfield, JP (with Michael, TJ): Responses to physical activity among children and youths with exercise-induced asthma, Spring, p 26

Beaver, DP: **Editor's Corner** (A call to action), Winter, p 4
Editor's Corner (Self-esteem and adapted physical activity), Fall, p 4

Bossenmeyer, M (with Robertson, K): A perfect playground—Fun for everyone, Spring, p 20

Brodeur, S (with Block, M): Tips for first year itinerant adapted physical educators, Fall, p 32

Carithers, D: Calendar, Spring, p 18; Summer, p 13; Fall, p 16

Chen, S: A modified tai chi program for individuals with physical disabilities, Spring, p 43

Clark, N: **Sport Nutrition** (Making dietary changes—Willpower—Or nutrition skillpower?), Winter, p 45
Sport Nutrition (Sports supplements—The winner's edge?), Spring, p 49
Sport Nutrition (Carbohydrate confusion), Summer, p 9
Sport Nutrition (News from ASCM), Fall, p 46

Davis, R: **Letter to the Editor** (Adapted vs disability sport terminology—Another view), Spring, p 6

Elmore, T: The things I take for granted—A movement narrative, Winter, p 15

Evans, E: **Bits & Pieces**, Winter, p 48; Spring, p 50; Summer, p 44; Fall, p 48

Frogley, M (with Beaver, D): **Editor's Corner** (Is the time right—Interscholastic athletics for student-athletes with disabilities?), Spring, p 4

Gillespie, M: Attitudes of university students toward integrated campus recreation programs, Summer, p 27

Grosse, S: **Calendar**, Winter, p 17

Huber, J: **Issues** (Will theaters receive two thumbs up from individuals with disabilities?), Winter, p 54
Issues (Accessible electronic and information technology—A new era for people with disabilities), Spring, p 15
Issues (Ritalin and ADHD—Recent Developments), Summer, p 12

Huebner, C: **USP Forum**, Winter, p 8; Summer, p 11; Fall, p 9

Huettig C (with Bridges, D, and Woodson, A): Play for children with severe and profound disabilities, Winter, p 30

Jeffries, CP: **Editor's Corner** (It's only money), Summer, p 4

Kohnken, J (with Jensen, T, Fay, T, and Craft, D): Paralympic Winter Games, Spring, p 33

Leme, SA: SUPERsports, Fall, p 28

Martin, KA (with Latimer, AE, Francoeur, C, Hanley, H, Watson, K, Hicks, AL, and McCartney, N): Sustaining exercise motivation and participation among people with spinal cord injuries—Lessons learned from a 9-month intervention, Winter, p 38

Mastro JV (with Pearson, SK): U.S. blind judo team: A brief history, Summer, p 22

Matter, R (with Nash, S, and Frogley, M): Interscholastic athletics for student-athletes with disabilities, Summer, p 32

McHale, C: **Paralympic Spirit** (The Salt Lake 2002 Paralympic Winter Games are here), Winter, p 16

Miller, JL (with Cordova, J): Changing attitudes toward people with disabilities, Summer, p 16

Moakley, T (with Wheaton, M): Wheelchair using vets go for gold in the Big Apple, Winter, p 41

Modell, S (with Milchrist, PA): Enhanced transition programs—A university perspective, Fall, p 38

Petrofsky, J (with Magsino, R, Zook, S, Kao, JK, Meyer, J, and Laymon, M): A comparative study of monoskiers, conventional downhill skiers, and snowboarders, Winter, p 20

Reid, G (with Collier, D): Motor behavior and the autism spectrum disorders—Introduction, Fall, p 20

Schack, F: **National Scene**, Winter, p 9; Spring, p 9; Fall, p 10

Shapiro, D: **APAC Action**, Summer, p 10; Fall, p 8

Sova, R: Ai Chi—What is it?, Summer, p 39

Stein, JU: **Publication Reviews**, Winter, p 56; Spring, p 56; Summer, p 48; Fall, p 52
Issues (Cardiac rehabilitation—Opportunities for adapted physical education), Fall, p 55

Webb, D: **APAC Action**, Winter, p 7

Wening, J: **Focus on Training**, Winter, p 47; Spring, p 13; Fall, p 45

Winnick, JP: **Letter to the Editor** (Adapted vs disability sport terminology—A view), Winter, p 8

Wong, AK (with Cheung, S): **Research Application** (Balance ability and fear of falling in elderly with various participation levels), Fall, p 5

Subjects

ACSM
Sport Nutrition (News from ACSM), Fall, p 46

Adapted physical activity/education
Editor's Corner (Self-esteem and adapted physical activity), Fall, p 4
Issues (Cardiac rehabilitation—Opportunities for adapted physical education), Fall, p 55
Tips for first year itinerant adapted physical educators, Fall, p 32

ADHD
Issues (Ritalin and ADHD—Recent Developments), Summer, p 12

Advocacy/Advocates
Legislative Update (Selected legislative action items for physical education and recreation advocates), Winter, p 6
Legislative Update (Advocacy and the federal budget process), Spring, p 7
Legislative Update (Advocacy action alert), Summer, p 5

Ai-Chi
Ai-Chi—What is it?, Summer, p 39

Amputees
National Scene (DS/USA), Winter, p 9; Fall, p 10

APAC Action
Winter, p 7; Spring, p 12; Summer, p 10; Fall, p 8

Athletic Awards
USP Forum (Athletic performance awards), Winter, p 8

Asthma
Responses to physical activity among children and youths with exercise-induced asthma, Spring, p 26

Attitudes
Changing attitudes toward people with disabilities, Summer, p 16;
Attitudes of university students toward an integrated campus recreation program, Summer, p 27

Autism
Research Application (Teaching children with autism using digital video), Winter, p 52
Motor behavior and the autism spectrum disorders—Introduction, Fall, p 20

Balance
Research Application (Balance ability and fear of falling in elderly with various exercises participation levels), Fall, p 5

Biathlon
Focus on Training (Robert Walsh [Biathlon, Nordic skiing, visually impaired]), Winter, p 46

Bits & Pieces
Winter, p 48 (Intensive therapeutic program for children with cerebral palsy; Gerald Isobe in RIT Sports Hall of Fame; Animal farm; The garden controversy; Open days program; Pro surfers complete 2nd annual charity surf tour—Dollars raised for spinal cord injury research; A long trip for an all-around athlete; Challenger eagles fly)
Spring, p 50 (Smiling through the pain: Simplified signs; Pups in prison; Hip fracture link; Proving people wrong; Important information for people who have arthritis; NRA-Beeman web page; Need a taxi)
Summer, p 44 (Cones for kids; Get moving!; Technology advances; Sharing innovations for a reward; Open airways for schools; Free newsline service; Tobacco master settlement; Safety alert & warning; Lakeshore Foundation names director).
Fall, p 48 (Amtrak makes rail travel more accessible; Young inventor; Ability First; Fraud & abuse in SSI; Look!—No hands!; A ray of Elvis; Wishes do come true; Avid sports participant)

Blind (see **Visually Impaired**)

Burns
Research Application (Thermoregulation in burn patients before and after heat acclimation—A case study), Summer, p 7

Cardiac Rehabilitation
Issues (Cardiac rehabilitation—Opportunities for adapted physical education), Fall, p 55

Cerebral Palsy
National Scene (NDSA), Winter, p 9; Spring, p 9; Fall, p 10
Focus on Training (U.S. men's C.P. soccer team), Fall, p 45

Children
Play for children with severe and profound disabilities, Winter, p 30
Research Application (Teaching children with autism using digital video), Winter, p 52
Responses to physical activity among children

and youths with exercise-induced asthma, Spring, p 26
Deaf
National Scene (USADSF), Fall, p 12
Diet
Sport Nutrition (Making dietary changes—Willpower—Or Nutrition Skillpower?), Winter, p 45
Digital Video
Research Application (Teaching children with autism using digital video), Winter, p 52
Editor's Corner A call to action, Winter, p 4
Is the time right—Interscholastic athletics for student athletes with disabilities?, Spring, p 4
It's only money, Summer, p 4
Self-esteem and adapted physical activity, Fall, p 4
Elderly
Research Application (Balance ability and fear of falling in elderly with various exercises participation levels), Fall, p 5
Elite Athletes
Focus on Training (The elite athlete with a disability), Spring, p 13
Exercises
Sustaining exercises motivation and participation among people with spinal cord injuries—Lessons learned from a 9-month intervention, Winter, p 38
A modified tai chi program for individuals with physical disabilities, Spring, p 43
Ai-chi—What is it?, Summer, p 39
Research Application (Balance ability and fear of falling in elderly with various exercises participation levels), Fall, p 5
Falling
Research Application (Balance ability and fear of falling in elderly with various exercises participation levels), Fall, p 5
Focus on Training Robert Walsh (Biathlon, Nordic skiing, visually impaired), Winter, p 46
The elite athlete with a disability, Spring, p 13
U.S. men's C.P. soccer team, Fall, p 45
Georgia High School Association's Model
Interscholastic athletics for student-athletes with disabilities, Summer, p 32
Heat Acclimation
Research Application (Thermoregulation in burn patients before and after heat acclimation—A case study), Summer, p 7
History
U.S. blind judo team: A brief history, Summer, p 22
IDEA
Legislative Update (Individuals with Disabilities Education Act [IDEA] reauthorization process and related issues), Fall, p 6
Illinois High School Association Model
Interscholastic athletics for student-athletes with disabilities, Summer, p 32
Information Technology
Issues (Accessible electronic and information technology—A new era for people with disabilities), Spring, p 15
Integrated Programs
Attitudes of university students toward an integrated campus recreation program, Summer, p 27
Interscholastic Athletics
Editor's Corner (Is the time right—Interscholastic athletics for student athletes with disabilities?), Spring, p 4
Interscholastic athletics for student-athletes with disabilities, Summer, p 32
Issues
Will theaters receive two thumbs up from individuals with disabilities?, Winter, p 54
Accessible electronic and information technology—A new era for people with disabilities, Spring, p 15
Ritalin and ADHD—Recent developments, Summer, p 12
Cardiac rehabilitation—Opportunities for adapted physical education, Fall, p 55
Judo
U.S. blind judo team: A brief history, Summer, p 22
Legislation (see **Legislative Update**)
Legislative Update
Selected legislative action items for physical education and recreation advocates, Winter, p 6
Advocacy and the federal budget process, Spring, p 7
Advocacy action alert, Summer, p 5
Individuals with Disabilities Education Act (IDEA) reauthorization process and related issues, Fall, p 6
Litigation
Editor's Corner (It's only money), Summer, p 4
Martial Arts
A modified tai chi program for individuals with physical disabilities, Spring, p 43
Mental Retardation (see also **Special Olympics**)
Minnesota State High School League's Adapted Athletics Programs
Interscholastic athletics for student-athletes with disabilities, Summer, p 32
Monoskiers
A comparative study of monoskiers, conventional downhill skiers, and snowboarders, Winter, p 20
Motivation
Sustaining exercise motivation and participation among people with spinal cord injuries—Lessons learned from a 9-month intervention, Winter, p 38
Motor Behavior
Motor behavior and the autism spectrum disorders—Introduction, Fall, p 20
Movement
The things I take for granted—A movement narrative, Winter, p 15
National Scene
Winter, p 9 (DS/USA, NDSA, SOI, USABA, WSUSA)
Spring, p 9 (NDSA, SOI, USABA)
Fall, p 10 (DS/USA, NDSA, SOI, USABA, USADSF, WSUSA)
Nordic Skiing
Focus on Training (Robert Walsh [Biathlon, Nordic skiing, visually impaired]), Winter, p 46
Nutrition
Sport Nutrition (Making dietary changes—Willpower—Or Nutrition Skillpower?), Winter, p 45
Sport Nutrition (Sports supplements—The winner's edge?), Spring, p 49
Obesity
Editor's Corner (A call to action), Winter, p 4
Paralympics
USP Forum (Athletic performance awards), Winter, p 8
Paralympic Spirit (The Salt Lake 2002 Paralympic Winter Games are here), Winter, p 16
Paralympic Winter Games, Spring, p 33
USP Forum (Happenings within U.S. Paralympics), Fall, p 9
Physical Activity
Responses to physical activity among children and youths with exercise-induced asthma, Spring, p 26
Physical Disabilities
A modified tai chi program for individuals with physical disabilities, Spring, p 43
Play
Play for children with severe and profound disabilities, Winter, p 30
Playgrounds
A perfect playground—Fun for everyone, Spring, p 20
Profound Disabilities
Play for children with severe and profound disabilities, Winter, p 30
Publication Reviews
Winter, p 56 (No ordinary move; Physical activity and obesity; As I am (video); New horizons in sport for athletes with a disability: Proceedings of the international Vista '99 conference [Two volumes]; Sport facility planning and management; Spine injury management video: Prehospital care of the injured athlete; T'ai chi in a chair: Easy 15- minute routines for beginners; Understanding sport organizations: The application of organization theory; The Americans with Disabilities Act; Your personal guide to the law [Third edition]; The Great Activities Newsletter)
Spring, p 56 (Principles and methods of adapted physical education and recreation [Ninth edition]; The diabetic athlete: Prescriptions for exercise and sports; Resistance training for health and rehabilitation; Kids just want to have fun and what's the difference? [videos]; Let's have fun, lets get strong- Exercise programs for people with special disabilities [videos]; Yoga for the special child: A therapeutic approach for infants and children with Down syndrome, cerebral palsy, learning disabilities)
Summer, p 48 (A little history worth knowing [video]; A video guide to [dis]ability awareness [video]; The Halliwick Method: Water freedom for individuals with disabilities; Sponges, splashes, and sprinkles: Water learning for all young children; Videoguide to [dis]ability awareness [video]; Adapted physical education for adults with disabilities [Third edition]; Foundations of exercise and mental health; Exercising your way to better mental health: Fight depression and alleviate stress through exercise; Medical and psychological aspects of sport and exercise; People in motion: Without borders or barriers [video]; Awakening to disability: Nothing about us without us; Walk this way [video])
Fall, p 52 (The Americans with Disabilities Act: Is it working? [video]; Disability sport and recreation resources (3rd Ed.); Yossi Laibel on the ball; The spectrum of autism [video]; Case studies in adapted physical education: Empowering critical thinking; Finding a way: Moving into the mainstream [1999] [video]; From good will to civil rights: Transforming federal disability policy [Second edition]; Refrigerator mothers [video])

VOLUME 18 • INDEX • WINTER, 2002 - FALL, 2002

Recreation
Attitudes of university students toward an integrated campus recreation program, Summer, p 27
Rehabilitation (see **Cardiac Rehabilitation**)
Research
A comparative study of monoskiers, conventional downhill skiers, and snow boarders, Winter, p 20
Research Application (Teaching children with autism using digital video), Winter, p 52
Research Application (Thermoregulation in burn patients before and after heat acclimation—A case study), Summer, p 7
Research Application (Balance ability and fear of falling in elderly with various exercise participation levels), Fall, p 5
Ritalin
Issues (Ritalin and ADHD—Recent developments), Summer, p 12
Self-esteem
Editor's Corner (Self-esteem and adapted physical activity), Fall, p 4
Severe Disabilities
Play for children with severe and profound disabilities, Winter, p 30
Skiers (see also **Nordic Skiing**)
A comparative study of monoskiers, conventional downhill skiers, and snowboarders, Winter, p 20
Snowboarders
A comparative study of monoskiers, conventional downhill skiers, and snowboarders, Winter, p 20
Soccer
Focus on Training (U.S. men's C.P. soccer team), Fall, p 45
Special Olympics
National Scene (SOI), Winter, p 10; Spring, p 10; Fall, p 10
Spinal Cord Injuries
Sustaining exercise motivation and participation among people with spinal cord injuries—Lessons learned from a 9-month intervention, Winter, p 38
Wheelchair using vets go for gold in the Big Apple, Winter, p 41
Sport
Letter to the Editor (Adapted vs disability sport terminology—A View), Winter, p 8
Wheelchair using vets go for gold in the Big Apple, Winter, p 41
Letter to the Editor (Adapted vs disability sport terminology—Another view), Spring, p 6
SUPERsports, Fall, p 28
Sport Nutrition
Sport Nutrition (Making dietary changes—Willpower—Or nutrition skillpower?), Winter, p 45
Sport Nutrition (Sports supplements—The winner's edge?), Spring, p 49
Sport Nutrition (Carbohydrate confusion), Summer, p 9
Sport Nutrition (News from ASCM), Fall, p 46
Students (University)
Attitudes of university students toward an integrated campus recreation program, Summer, p 27
Tai Chi (see **Martial Arts**)
Teachers
Tips for first year itinerant adapted physical educators, Fall, p 32
Terminology
Letter to the Editor (Adapted vs disability sport terminology—A View), Winter, p 8
Letter to the Editor (Adapted vs disability sport terminology—Another view), Spring, p 6
Theaters
Issues (Will theaters receive two thumbs up from individuals with disabilities?), Winter, p 54
Transition
Enhanced transition programs—A university perspective, Fall, p 38
U.S. Olympic Committee
Editor's Corner (It's only money), Summer, p 4
USP Forum
Athletic performance awards, Winter, p 8
U.S. Paralympic update, Summer, p 11
Happenings within U.S. Paralympics, Fall, p 9
Veterans
Wheelchair using vets go for gold in the Big Apple, Winter, p 41
Visually Impaired
National Scene (USABA), Winter p 11; Spring, p 11; Fall, p 11
Focus on Training (Robert Walsh [Biathlon, Nordic skiing, visually impaired]), Winter, p 46
U.S. blind judo team: A brief history, Summer, p 22
Wheelchair
National Scene (WSUSA), Winter, p 12; Fall, p 12
Wheelchair using vets go for gold in the Big Apple, Winter, p 41
World Congress on Disabilities
WCD opportunities, Spring, p 48

U.S. POSTAL SERVICE STATEMENT OF OWNERSHIP, MANAGEMENT, and CIRCULATION

(Required by 39 U.S.C. 3685)

1. Title of publication—PALAESTRA: Forum of Sport, Physical Education & Recreation For Those With Disabilities
2. Publication No.—8756-5811.
3. Date of filing—10-17-02.
4. Frequency of issue—Quarterly.
5. No. of issues published annually—4.
6. Annual subscription price—$19.95; David P. Beaver; 309-833-1902.
7. Complete mailing address of known office of publication *(Street, City, County, State and Zip Code) (Not printer)*—Challenge Publications, Ltd., 1948 Riverview Dr., Macomb, McDonough, IL 61455-1277.
8. Complete mailing address of the headquarters of general business offices of the publisher *(Not printer)*— Challenge Publications, Ltd., 1948 Riverview Dr., Macomb, IL 61455-0508.
9. Full names and complete mailing address of publisher, editor, and managing editor *(This item MUST NOT be blank)*—Publisher *(Name and Complete Mailing Address)*—Challenge Publications, Ltd., PO Box 508, Macomb, IL 61455-0508. Editor *(Name and Complete Mailing Address)*—David P. Beaver, 1948 Riverview Dr., Macomb, IL 61455-0508. Managing Editor *(Name and Complete Mailing Address)*—William B. Lorton, PO Box 508, Macomb, IL
10. Owner *(If owned by a corporation, its name and address must be stated and also immediately thereunder the names and addresses of stockholders owning or holding 1 percent or more of total amount of stock. If not owned by a corporation, the names and addresses of the individual owners must be given. If owned by a partnership or other unincorporated firm, its name and address as well as that of each individual must be given. If the publication is published by a nonprofit organization, its name and address must be stated.) (Item must be completed.)* —Full Name—Challenge Publications, Ltd., PO Box 508, Macomb, IL 61455-0508; David P. Beaver, PO Box 508, Macomb, IL 61455-0508; Joseph H. Huber, PO Box 508, Macomb, IL 61455-0508; William Lorton, PO Box 508, Macomb, IL 61455-0508; Julian U. Stein, PO Box 508, Macomb, IL 61455-0508; David A. Stewart, PO Box 508, Macomb, IL 61455-0508; Christine B. Stopka, PO Box 508,Macomb, IL; John Vaughan, PO Box 508, Macomb, IL 61455-0508. Robert Weber, PO Box 508, Macomb, IL 61455-0508.
11. Known bondholders, mortgages, and other security holders owning or holding 1 percent or more of total amount of bonds, mortgages or other securities *(If there are none, so state)* —none.
13. Publication name - PALAESTRA: Forum Of Sport, Physical Education, & Recreation For Those With Disabilities.
14. Issue date for circulation below - August, 2002
15. Extent and nature of circulation—Average No. copies each issue during preceding 12 months—Actual No. copies of single issue published nearest to filing date.
    A. Total No. copies *(Net Press Run)* 5000; 5000.
    B. Paid and/or requested circulation
    1. 3040; 2602
    2. 6; 8
    3. 112; 122
    4. N/A; N/A
    C. Total paid and/or requested circulation(SUM OF 15 (1), (2), (3), AND (4)—3158; 2732.
    D. Free distribution by mail, carrier or other means, samples, complimentary, and other free copies
    1. 45; 52
    2. N/A; N/A
    3. N/A; N/A
    E. Free distribution outside the mail *(carriers or other means)* 1100; 1200.
    F. Total free distribution *(Sum of 15d and 15e)* 1145; 1252.
    G. Total distribution *(Sum of 15c and 15f)* 4303; 3984
    H. Copies not distributed 697; 1016.
    I. Total *(Sum of 15g and 15h)* 5000; 5000
    J. Percent paid and/or requested circulation (15c/15g x 100) 73.4%; 68.6%.
16. Publication of Statement of Ownership (X) Publicaitonrequired. Will be printed in the Fall '02 issue of this publication.
17. Signature and title of editor, publisher, business manager, or owner. David P. Beaver, President 10-17-02. I certify that the statements made by me above are correct and complete.

www.palaestra.com